

Holiday Homework 2021-22

Weekly Learning Package Number - 5

Class – VII

Subject Teachers: Punjabi - Mrs. Manjeet Kaur,
Mathematics - Ms. Neeru Behl

Punjabi –

ਹੇਠ ਲਿਖਿਆਂ ਦੇ ਵਿਰੋਧੀ ਸ਼ਬਦ ਲਿਖੋ:

1. ਵਧੀਆ
2. ਸ਼ਹਿਰੀ
3. ਨਕਦ
4. ਸੜੀਅਲ
5. ਚਾਨਣ
6. ਆਪਣਾ
7. ਅਸਲੀ
8. ਆਮ
9. ਮਿੱਠਾ
10. ਵਰ

Mathematics –

Integer Operations

1. Adding Integers

- (i) $(-78) + 69 = \underline{\hspace{2cm}}$
- (ii) $-72 + (-30) + 10 \underline{\hspace{2cm}}$
- (iii) $-83 + (-36) + 20 = \underline{\hspace{2cm}}$

2. Subtracting Integers

- (i) $-1 - 9 =$ _____
- (ii) $9 - (-2) =$ _____
- (iii) $8 - (-1) =$ _____

3. Multiplying Integers

- (i) $4 \times (-10) =$ _____
- (ii) $(-9) (-6) (2) =$ _____
- (iii) $(-10) (-7) (-4) =$ _____

4. Dividing Integers

- (i) $-42 \div 6 =$ _____
- (ii) $-70 \div (-7) =$ _____
- (iii) $-16 \div (-8) =$ _____

Activities –

1. Fun with Sticks - Do Math Lab Manual Activity on page number 120 in book only.
2. Draw any one portrait with pencil shading.
3. Learn the significance of Ardas and do it daily.

Ardas: The Power of Prayer

*The word **ARDAS** means a request, a prayer, a petition, or an address to a superior authority. In Sikhism, an **Ardas** is made to God to thank, support and help the devotee with whatever he or she is about to undertake or has done.*

Stay Home, Stay Safe, Be Healthy, Be Happy